



Fraser Coast Outrigger Canoe Club

Training Times

1st September 2020 to 30th September 2020

Monday - Juniors: 4.15pm for 4.30pm on the water

Tuesday - Seniors: 5.15am for 5.30am on the water
4.15pm for 4.30pm on the water

Wednesday - Juniors: 3.45pm for 4.00pm on the water

Thursday - Seniors: 5.15am for 5.30am on the water
4.15pm for 4.30pm on the water

Saturday - Seniors: Team training OC6 long paddle
6.00am for 6.15am on the water
Juniors: 8.45am for 9.00am on the water

Sunday

Social Paddling: 7.45am for 8.00am on the water

Come and Try: 7.45am for 8.00am on the water

TRAINING TIMES WILL RETURN TO SUMMER TIMES AS AT 1ST OCTOBER